

# Coaching for Clarity: Summer Coaching for Education Staff with Dr Emma Kell



Approaches and tools to help you reflect, take stock, recalibrate and set clear, focused intentions for the academic year ahead

This package includes:

- 3 one-to-one 60-minute coaching sessions
- 2 group coaching sessions of 120 minutes
- Tailored coaching resources for you to use in the short- and long-term
- Ongoing support for 3 months following the sessions

*You are free to access the package at a level which suits you, your circumstances and your plans for summer relaxation!*



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- Dates and times of group coaching (online via zoom)

TBC

(Sessions will be recorded, stored securely and shared with participants only)

- 1:1 sessions are arranged at the convenience of coach and coachee
- Full ethical considerations will be taken into account, including confidentiality
- Dr Emma Kell is a teacher, published author, trained, accredited coach, member of the National Council of Integrated Psychotherapists and holder of a Doctorate in teacher wellbeing and professional identity